

**Nutrition Facts** Servings: 1, **Serv. Size: (45g)**, Amount Per Serving: **Calories 210**, **Total Fat** 13g (17% DV), **Sat. Fat** 7g (35% DV), **Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 60mg (3% DV), **Total Carb.** 22g (8% DV), **Fiber** 6g (21% DV), **Total Sugars** 13g (Incl. 2g Added Sugars, 4% DV), **Protein** 2g, **Vit. D** (0% DV), **Calcium** (4% DV), **Iron** (10% DV), **Potas.** (4% DV).

**MAGIC MOGU**



"Snack bars can be frustrating when eating healthy gets important—even many of the healthy options out there use low quality and artificial ingredients with no functional effect. The purpose of the Mogu Bar is to create a healthy, delicious snack that is filling, provides clean energy, and cognitive excellence through the most potent adaptogenic mushrooms on the planet in a highly absorbable state so you can experience first hand their unique effects. May you eat, excel, and evolve!" —The Magic Mogu Team

**FLOW STATE NUTRITION**

[www.magicmogu.com](http://www.magicmogu.com)

redesign here

**MAGIC MOGU**

**CHOCOLATE MINT CHAI**

**MOGU BAR**



- Cordyceps
- Chaga
- Lion's Mane
- Shiitake
- Reishi

For endurance, mental clarity, and creativity

**KEEP COLD TO HOLD SHAPE**

**NET WT 1.59oz (45g)**

Ingredients: Medjool Dates, Virgin Coconut Oil\*, Raw Walnuts\*, Coconut Flour\*, Cocoa Powder\*, Chia Seed Flour\*, Raw Pecans\*, Raw Unfiltered Honey\*, Cacao Nibs\*, Rowanberry Extract, Wild Harvested Chaga Mushroom\*, Shiitake Mushroom\*, Reishi Mushroom\*, Lion's Mane Mushroom\*, Cordyceps Militaris Mushroom\*, Citrus Pulp, Cinnamon\*, Redmond Real Salt\*, Clove\*, Cardamom\*, Peppermint Essential Oil\*, Pure Monk Fruit Extract\*, (\*Organic)

Contains: Coconut, Walnuts, Pecans. Manufactured in a facility that also processes peanuts, cashews, & eggs. Manufactured for MAGIC MOGU LLC at 14587 S. 790 W. Ste C-103, Bluffdale, UT 84065